



## Sandy FC COVID-19 Policy & Risk Assessment

### Re-starting outdoor competitive grassroots football

Club home address	
<p><u>Premises Name:</u> <i>Sunderland Road recreation ground.</i> Sunderland Road, Sandy, SG19 1QY</p> <p>Bedford Road Park Sandy, SG19 1EL</p>	<p><u>Use of Premises:</u> <i>Pitches; Sunderland Road Rec.</i> <i>Toilet facilities available, supplied and maintained by Sandy leisure centre.</i> Lock up on-site stores football equipment.</p> <p>Bedford Park; Pitches, Clubhouse, changing rooms &amp; lock up on site.</p>
<p><u>Email address:</u> <a href="mailto:sandycoltssecretary@gmail.com">sandycoltssecretary@gmail.com</a></p>	<p><u>Responsible Person(s):</u> <i>Trevor Leverton = COVID Officer</i></p>
<p><u>Date of Assessment:</u> <i>26th September 2020</i></p>	<p><u>Date of Review:</u> Review ongoing</p>
<p><b><u>Other Venues Used for training</u></b></p> <ul style="list-style-type: none"><li>• Astro pitch @ Sunderland Road rec</li></ul> <p><b><u>Venues for home Games</u></b></p> <ul style="list-style-type: none"><li>• Youth, Sunderland Road Recreation Ground.</li><li>• Adult, Bedford Road Park.</li></ul>	
<p><b><u>COVID-19 Risk Assessment Conducted By:</u></b> <i>Trevor Leverton - Covid officer &amp; Vice Chair</i> <i>Nicola Leverton - Welfare officer</i></p>	

## COVID Club Policy for Coaches, Players and Parents / Guardians

- All children are required to bring their own water bottle, hand sanitiser, sun cream (if needed) and any necessary medication the player may be using, please make sure these are all named.
- When training in a public place there must be enough space for the children to train safely and for parents to be able to maintain social distancing.
- Please arrive changed and ready to start the activity and leave immediately the activity finishes.
- All equipment that is used is to be cleaned before and after use. (COACHES TO DO THIS)
- The use of chewing gum is not permitted at any of our football activities by anyone. (Applies to all)
- When travelling to a venue, adults and children should only travel with a member of the same household or support bubble.
- A parent must be present at all times in case of any medical emergency, first aid that needs to be given or any other intervention your child may need.
- Parents must adhere to social distancing guidance away from the football activity.
- Before a child is allowed to take part in any football activity a self-assessment health check must be undertaken at home first.
  - Does your child have a temperature of above 37.8°C
  - Does your child have a new continuous cough?
  - Any shortness of breath
  - A sore throat
  - Loss or change in a normal sense of taste or smell
  - Feeling generally unwell
  - Been in close contact with/living with a suspected or confirmed case of COVID-19 infection in the previous 2 weeks

**If you answer yes to any of the questions, please do not travel to the football activity and follow government guidelines.**

Before you arrive at your football activity you will be asked to confirm via WhatsApp that your child has completed the health check before you travelled and didn't answer yes to any of the questions related to the self-assessment.

Upon arrival check in via nhs test and trace poster at venue.

For Adult teams they are required to keep a register of players and attendees to ensure they have carried out their own health checks before attending the activity takes place.

The manager /coach of each team will be classed as the appointed person responsible to ensure Track & Trace information is gathered.

The opposition team will confirm that they are compliant with NHS Track and Trace pre-kick-off and if necessary Sandy FC will use the away team manager/coach to be the appointed person for NHS track & trace.

- If during the Activity anyone appears to be symptomatic, the coach will ask the parent to remove the player from activity
- If a player appears symptomatic post-training they must follow the NHS test and trace guidance and inform the club
- If a player gets injured, a member of their household or bubble can aid them but others will still need to socially distance unless life-threatening injury or a serious injury necessitates compromising guidelines to provide emergency care.
- All football activities will be planned and structured to ensure Government guidance is followed.
- No more than 30 people (including coaches) are allowed at competitive training. (on the consent please could parents /guardians advise on the how many people are attending from each household in total)
- Details will be kept for a minimum of 21 days in line with the current GDPR policies. Forms should be returned to the club secretaries or the COVID Officer for destruction. Online data will be deleted 21 days after it is submitted

### Social Distancing

Supporters, parents, and other spectators should remain socially distanced (2 metres apart) whilst attending events. Spectator groups must be restricted to discrete six-person gathering limits and spread out, in line with wider Government guidance, ensuring space for officials, coaches and substitutes.

Where teams partake in after activity events participants must maintain government-mandated social distancing for venues where they congregate in after the game.

### Matches (Competitive and Friendlies)

- The Pre-match handshake should not happen. Instead, players will be asked to hand-sanitise before kick-off;
- Team talks can take place, as long as social distancing is observed and held outdoors where possible
- Warm-ups/cool-downs should always observe social distancing
- Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchlines. Social-distancing must also be observed during interactions when a substitution is being made;
- Social distancing must be observed during breaks in the game (each quarter and at half time)
- Set plays - free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls;
- Set plays - corners should also be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches, after matches and at half time.
- Goal celebrations should be avoided
- Interactions with referees and match assistants should only happen with players observing social distancing;
- Small-sided football should be modified to provide more regular hygiene breaks in the activity. (coaches and ref to co-ordinate regular breaks)
- Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in the activity.
- There are no restrictions on the number of attendees to a game, however all attendees must have checked in via the nhs check and trace poster at venue.

- No more than 30 people (including coaches) are allowed at competitive training. (Via WhatsApp please could parents /guardians advise on the how many people are attending from each household in total)

#### **Ball transfer**

The nature of football means that the ball is not frequently handled. When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. Where there are breaks in the game, or training, if throw-ins or handling has occurred the ball should be disinfected or wiped down

#### **Shouting**

There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. This particularly applies indoors (e.g. inside clubhouses) and when face to face. If possible, players should therefore avoid shouting or raising their voices when facing each other during, before and after games.

#### **Spitting**

Everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face. Ensure any tissues are disposed of in a sealed bin/bag as soon as possible. If you have any concerns regarding your child, please ensure you discuss them with the club welfare officer and or coach, so a plan can be agreed upon for the best way to support your child.

#### **Adult Team Information**

In addition, adults must remain socially distanced during any break in play, with spaced areas for equipment and refreshment storage for each individual including match officials and subs, coaching staff and subs, should, for example, spread out and avoid sharing a dugout or bench if social distancing cannot be observed. Players and match officials should also observe social distancing during sin-bin instance. After activity participants must maintain government-mandated social distancing. This includes in available changing rooms, showers and any clubhouse facilities or other venues they congregate in after the game.

#### **Payments**

Any payments relating to the fixture must be made in a cashless manner where possible.

#### **Transport (Car sharing)**

You should try not to share a vehicle with those outside your household or support bubble. If you need to do this, try to:

- share the transport with the same people each time
- keep to small groups of people at any one time
- open windows for ventilation
- travel side by side or behind other people, rather than facing them, where seating arrangements allow
- face away from each other
- consider seating arrangements to maximise distance between people in the vehicle
- clean your car between journeys using standard cleaning products - make sure you clean door handles and other areas that people may touch
- ask the driver and passengers to wear a face covering

Please remind parents to complete the online consent form to advise who is bring their child and they have agreed to it

**COVID Risk Assessment**

TASK	Hazards	Controls Required	Additional Controls	Action by whom?	Action by when?	Status (RAG)
Competitive training	Exposure and transmission of COVID 19	<p>Manager/coach to arrive within a reasonable time before training start to complete equipment setup and social distance routine</p> <p>Coaches to ensure they have the required PPE with them (provided by the club)</p> <p>Manager / Coach will regularly communicate the required COVID-19 measures through the dedicated WhatsApp Group before each training session to both the players and parents, guardians/ carers.</p> <p>Before commencing training, the football manager/coach will ask parents/guardians to confirm players are symptom-free via WhatsApp</p>	To support NHS Test and Trace, there will be a QR poster to check in and a paper-based register will be taken, or digitally recorded via smartphone, which will include names of players and the numbers of members from each household in attendance.	<p>Manager / coach</p> <p>Manager / coach &amp; club officials</p> <p>Manager / coach</p> <p>Manager / coach &amp; Covid Officer</p>	<p>Pre-training Sessions</p> <p>Pre-training Sessions</p> <p>Pre-training Sessions</p> <p>Pre-training Sessions</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>



		<p>All training equipment, including footballs, shall be cleaned by means of using anti-bacterial wipes or disinfectant spray immediately before and after training has been completed.</p> <p>Where players unintentionally break the social distancing guidelines, they will be informed of the violation. Should the violation be deliberate / Intentional the player will be escorted to the parent, guardian and will not be able to continue training.</p>		<p><b>Manager / coach &amp;</b></p>	<p>During all training session(s)</p>	<p>Ongoing</p>
<p>Matches (home)</p>	<p>Exposure and transmission of COVID 19</p>	<p>Manager / Coach will arrive at the match in a reasonable time before kick-off, check and confirm suitable and sufficient PPE available.</p> <p>Before arrival to a game, the football manager/coach will ask parents guardians to confirm players are symptom-free via WhatsApp.</p> <p>Players reporting potential symptoms will not be permitted to play and be requested to go home and seek advice (GOV.UK)</p> <p>Manager / Coach will have sufficient PPE (face masks, gloves, face shield and apron) in the event of a player being injured during the match.</p>	<p>To support NHS Test and Trace, there will be a QR Nhs poster to check in, a paper-based register will be taken, or recorded digitally via smartphone, which will include names of players and the numbers of members from each household in attendance.</p>	<p>Manager/ coach</p> <p>Manager/ coach</p> <p>Manager/ coach</p> <p>Manager/ coach</p> <p>Manager/ coach</p>	<p>Pre-match</p> <p>Pre-match</p> <p>Pre-match</p> <p>Pre-match</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>



		<p>Warm-ups, team/half time talks, and post team talks will be undertaken adhering to social distancing guidelines</p> <p>Where match officials are part of Sandy FC (I.e. Referee and Linesman) a pre- COVID talk will be undertaken by the manager/coach (this also applies to friendlies)</p> <p>Where match official is provided and are assigned by Beds/Hertfordshire FA or equivalent a verbal verification with the manager/coach to be undertaken to confirm they are aware of any specific Sandy FC requirements and familiar with the FA guidelines.</p> <p>All football equipment, including footballs, shall be cleaned using anti-bacterial wipes or disinfectant spray immediately before and after training has been completed. The same shall apply during half time.</p> <p>Spectators will be a minimum of 3 metres from the touchline and located only on one side of the pitch. (Respect barrier to be in place for all games)</p> <p>Sharing of Information - where possible, 24 hours prior to kick-off the manager/coach will refer the away</p>	<p>Where possible, all Sandy FC match officials will be sent a copy of the RA and FA Guidelines 24 hours prior to kick-off</p> <p>The respect barrier will be placed and positioned approximately 3 metres from the touchline in order to ensure the linesman can maintain appropriate social distancing with spectators during the match.</p> <p>The opposition team will confirm that they are compliant with NHS Test and Trace pre-kick-off and if necessary Sandy FC will use the away team manager/coach to be the</p>	<p>Manager/ coach</p> <p>Manager/ coach</p> <p>Manager/ coach</p> <p>Manager/ coach</p> <p>Manager/ coach</p> <p>Manager/ coach</p>	<p>Pre-match &amp; during matches</p> <p>Pre-match</p> <p>Pre-match</p> <p>Pre-match/ During the match and post-match</p> <p>Pre-match/ During the match and post-match</p> <p>Pre-match</p>	<p>Monitor</p> <p>Monitor</p> <p>Ongoing</p> <p>Ongoing</p> <p>Monitor</p>
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		<p>team to the location of risk assessment on the club website</p> <p>Where players are substitutes or been substituted during a game social distancing will be enforced.</p>	<p>appointed person for NHS Test &amp; Trace</p>	<p>Manager/ coach</p>	<p>During matches</p>	<p>Ongoing</p>
<p>Matches (Away)</p>	<p>Exposure and transmission of COVID 19</p>	<p>The manager/coach will request a copy of the away teams Risk Assessment a minimum 24 hours prior to kick-off.</p> <p>All other controls remain the same as per the above Competitive Matches - Home Games</p>	<p>This will be shared with the players, parents, guardians and carers via the WhatsApp group ahead of the game.</p> <p>Coaches will complete the COVID consent for test and trace purposes and away games.</p>	<p>Manager/ coach</p>	<p>Pre-match minus 24hrs</p>	<p>Monitor</p>
<p>Facilities</p>	<p>Exposure and transmission of COVID 19</p>	<p><b><u>Sunderland Road Rec</u></b></p> <p>Where equipment is retrieved from lock up storage managers/coaches will ensure equipment is put away clean. Only one person in the lock up at any time.</p>	<p>Sandy FC Teams to work together on who is training where and when.</p>	<p>Manager/ coach</p> <p>Manager/ coach</p>	<p>Pre-<del>&amp;</del> post training - Pre-<del>&amp;</del> post matches</p> <p>Training</p>	<p>Ongoing</p> <p>Ongoing</p>

Facilities (Away)	Exposure and transmission of COVID 19	<p>All facilities are required to demonstrate they are COVID-19 secure &amp; compliant.</p> <p>The manager/coach will be required to obtain a copy of the away team's facilities risk assessment within 24 hours prior to kick-off and share the information with the players, parents, guardians or carers.</p>	<p>A copy of the Risk Assessment shall be shared with the COVID-19 officer and kept on file.</p>	<p>Manager/coach</p> <p>Manager/coach</p>	<p>No End Date</p> <p>No End Date</p>	<p>Open</p> <p>Open</p>
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Safeguarding	Exposure and transmission of COVID 19	<p>Refer to club Policy (available upon request via sandycltssecretary@gmail.com)</p> <p>Player registration forms - As we have started the 2020/21 season, Sandy FC has completed the player registration process.</p> <p>COVID-19 Consent Form</p>	<p>Information Includes; Player information including; medical information. Parent, Guardian or Carer emergency contact information. Consent for Pictures / Images being used and shared online (detail included on registration and the FA code of conduct)</p> <p>Sandy FC will produce and submit a COVID-19 consent form for all parents, guardians and carers to complete. This will be completed and lasts for all training, matches and events prior to contact sport starting. Until guidelines change or parent/guardian/carer consent is taken away in writing.</p> <p>Information will be stored in regulation with GDPR.</p>	<p>Club committee</p> <p>Manager-coach</p> <p>COVID Officer</p>	<p>No End date</p> <p>This is dependent on league</p> <p>No end date</p>	<p>Closed</p> <p>Open</p> <p>Open</p>
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Travel Arrangements	Exposure and transmission of COVID 19	When travelling to a venue, adults and children should only travel with a member of their own household or support bubble. (parents to update consent form)	This is in line with government guidance	COVID Officer	05/08/2020	Ongoing
		If Coaches/ parents and players are using public transport, please follow government guidelines and wear a facemask	This is in line with government guidance	COVID Officer	05/08/2020	Ongoing
		Football Manager, Coach, Players, Parents / Guardians or carers will undertake an at home self-check to confirm they have no COVID-19 symptoms before arrival of any training session or matches	The manager/coaches will continually remind Parents / Guardians or carers through Team WhatsApp groups	Manager-coach	Pre-Training & Matches	Ongoing

### Summary Report

This risk assessment will remain a live document during the COVID-19 pandemic and will be continually monitored and reviewed in line with Government advice. Assessments will be reviewed as and when.

This document shall be shared with the parents, guardians and carers of the players. If anyone is concerned or unsure they should not feel pressured to attend any training session or matches.

In accordance with the FA Guidelines, Trevor Leverton has volunteered to take on the position of Covid-19 officer for Sandy FC. This position will require the ongoing support and assistance of all Sandy FC Committee Members, Football Team Managers & Coaches to comply.